

#MoveMore with North Worcestershire

The new name for Age UK Bromsgrove, Redditch & Wyre Forest

1ST CLASS FREE



**COME AND TRY A MOVE MORE
CLASS FOR FREE DURING
SEPTEMBER 2025**

To encourage our communities to 'Move More', throughout September, anybody coming along to one of the following Age UK North Worcestershire Move More classes will get their first session for free! So, if you are over 50, come along and give a class a try!

Mondays

- 1.45pm - Cofton Village Hall, Cofton Hackett B45 8PD

Thursdays

- 11am - Willow Trees Community Centre, Redditch, B98 9JL
- 12.45pm - Romsley Scout Centre, St Kenelm's Rd, B62 0PG
- 2.30pm - Chaddesley Corbett Village Hall, DY10 4QA

For more information about the classes and/or Age UK North Worcestershire's services please call or email enquiries@ageuknorthworcs.org.uk

01527 570490

www.ageuk.org.uk/northworcs/

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